

Fees and Dues

New Adult Enrollment:

3-month dues: \$75

Initiation Fee: \$5

Yearly Membership Fee: \$20

Practice Uniform (dogi): \$40

TOTAL: \$140 with new dogi

TOTAL: \$100 without dogi

New Child (6-12 yrs) Enrollment:

3-month dues: \$45

Initiation Fee: \$5

Yearly Membership Fee: \$20

Practice Uniform (dogi): \$40

TOTAL: \$110 with new dogi

TOTAL: \$70 without dogi

Regular Adult Members:

Yearly Membership Fee: \$20 (once/year)

Monthly Dues: \$25

2nd Adult Family Member: \$20

3rd Adult Family Member: \$15

Regular Child (6-12 yrs) Members:

Yearly Membership Fee: \$20 (once/year)

Monthly Dues: \$15

2nd Child Member: \$10

3rd Child Member: \$8

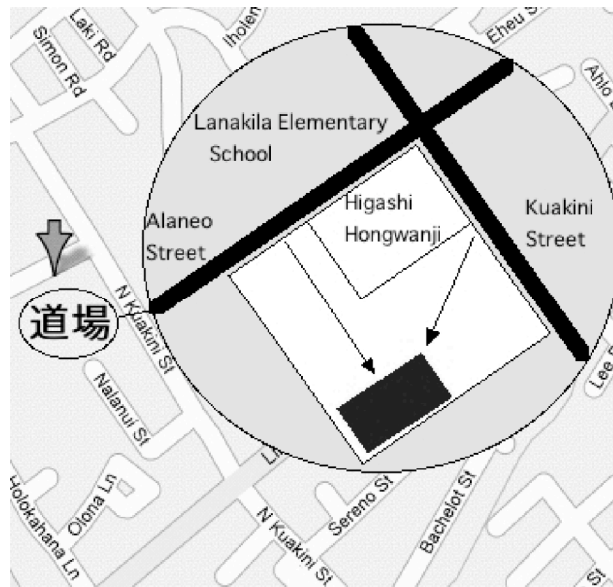
Directions

The Aikido Ohana dojo is located behind the Higashi Hongwanji Mission at the intersection of Alaneo Street and Kuakini Street across from Lanakila Elementary school. Turn into the driveway entrance of the Higashi Hongwanji Mission from either Alaneo Street or Kuakini Street. The dojo and parking lot are in back of the temple.

Web: <http://www.aikidoohana.org/>

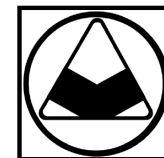
EEmail: info@aikidoohana.org

Phone: (808) 221-8656 (Chris Li)



合気道

合気道



THE AIKIDO OHANA
HIGASHI HONGWANJI MISSION
1685 ALANEO STREET
HONOLULU HI 96817-2915

What is Aikido?

Aikido is a modern Japanese budo (martial art) founded by Morihei Ueshiba (1883~1969) based upon the fusion of his study of the traditional Japanese martial arts with the insights of his harsh spiritual ascetic training.

In Aikido strength and power are not used to struggle with the opponent. Instead, techniques born from entering and turning body movements seek to control the violence of the opponent without causing injury, and it is for this reason that Aikido is called the budo of "harmony". The final aim of Aikido is personal transformation and development through the fire and intensity of budo training, and the application of that transformation on a personal and societal level.

Aikido has no competitions, matches, or weight classes. Men and women of different ages, sizes, and levels of experience can practice together comfortably. Practice is at the student's pace, so that everyone can enjoy Aikido, not only the young and physically fit.

What is The Aikido Ohana?

The Aikido Ohana is a 501c3 non-profit organization dedicated to the practice of Aikido in a friendly and open environment since 1981. The Aikido Ohana is affiliated with the Aikikai Foundation - Aikido World Headquarters in Tokyo, Japan.

Classes are taught in rotation by the chief instructor, Alan Nagahisa, the dojo instructors, Alex Tripp, S. Don Shimazu, Earl Nagasawa, Roger Kwok, Bill Doi, Chris Li, Daijo Kaneshiro, and other senior members of The Aikido Ohana.

The Aikido Ohana does not discriminate against individuals on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status.

All students of Aikido, regardless of affiliation, are welcome to practice.

New members may join at any time; no previous experience is necessary.

Visitors are welcome to watch classes at any time.

Class Schedule

Adult Classes

Tuesday, Friday & Saturday:

6:30pm~8:00pm

Beginner's Classes

Tuesday & Friday: 5:15pm~6:15pm

- 1) Three month basics class for new students.
- 2) Start date depends upon enrollment, contact us for the next available class session.

Children's Classes

Tuesday & Friday: 3:30pm~5:00pm

Other Activities

Spring & Summer Gasshuku: weekends of camping and intensive Aikido training.

Toshikoshi Geiko: New Year's training.

Kagami Biraki: "Mirror Opening" ceremony & first training of the new year.

Japan Trip: group trips to Japan for tourism and Aikido training.